

I CAN HELP MY SELFIE

'I can help my selfie' pintables can be used for wellbeing sessions and to support your child to deal with their emotions and build resilience.

You can draw and write straight on paper or laminate them to use them again and again.

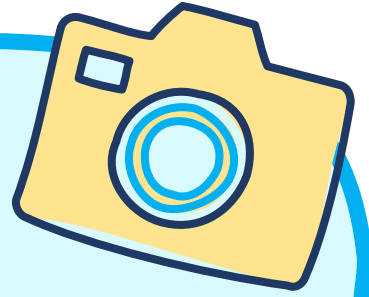
Once laminated they can be used with soft dough, craft materials white board pens, natural materials and so on then cleaned easily after used.

Please save paper and ink and only print the pages you need

Thank you for choosing this resource
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I can help my selfie



When I am

This makes me feel

To help myself feel better I can

